



## **WearEase Compression Garments for Edema and Lymphedema**

### ***What if I Plan on, or Am Not Happy with, my Reconstruction Surgery?***

For post-lumpectomy patients, Second to Nature has several products that may help you feel better:

### ***Compression Garments for Edema and Lymphedema***

WearEase Compression Bras and Shapewear have been a wonderful addition to our aid patients who are recovering from surgery, edema, and lymphedema. Constructed of a four-way stretch power mesh it provides excellent fit and compression. It has a padded front zipper, adjustability for fit and coverage, is antimicrobial, and latex free as the fabric content is 87% Nylon/13% Spandex. This special Naturexx fabric build is adept at transfers moisture away from the body, dissipates body heat build-up and provides comfort.

WearEase Shapewear line is lightweight, supportive and moisture resistant. This allows for the garments to be worn long term whether sleeping, traveling or as sportswear. The features include:

- “Step Into” garments designed for ease of getting into and out of your garment.
- High cut underarms and back targets swelling
- Hidden seams and sturdy construction
- Comfortable body shaping garments

These garments are produced as:

- Criss-Cross Bra
- Compression T-Shirt
- Slimmer
- Compression Cami
- Criss-Cross Shaper

STEP IN • STEP OUT  
**WEAR EASE  
SHAPEWEAR**



866-251-0076

www.wearease.com

**STEP IN**



**1**

Stretch neckline and gather sides of garment.



**2**

Step in to garment through neckline.



**3**

If limited balance, sit on a chair or stool – step into garment.



**4**

Slide garment up over hips.



**5**

Slip arms in to straps.



**6**

It's on!

**STEP OUT**



**1**

Slip arms out of straps.



**2**

Slide garment down over hips. If limited balance, sit on a chair or stool.



**3**

Slide garment down and step out.

### ***What are Some Other Ways of Managing Lymphedema?***

Many physicians and therapists prescribe a compression sleeve, glove, or gauntlet as part of the self-management plan. They utilize graduated compression to comfortably keep pressure on the swollen or affected area to assist the drainage of fluid and minimize swelling.

Second to Nature stocks Juzo Compression sleeves, gloves, and gauntlets, which offer three scales of compression. Compression sleeves start at the wrist and end below the shoulder. Gloves encase each finger separately leaving only the tips of your fingers exposed and ends below the wrist. Gauntlets only isolate the thumb and has an opening for the collection of fingers and end after your knuckles. We recommend consulting with a doctor or a lymphedema therapist to find the most appropriate therapy for you.